

Web of Positivity

People around the world use the Internet to tell their stories of living with HIV and to share resources with each other through blogs, audio projects, online learning spaces and networking sites. While you probably already know www.catie.ca and other major HIV sites, we would like to suggest a few more spots to visit.

By Heather Ann Kaldeway



My Journey with AIDS
myjourneywithaids.wordpress.com
 Kenn Chaplin, a denizen of Toronto, writes that his blog “start[ed] as a year-end letter to a dying friend in 1993, then morph[ed] into a blog. HIV/AIDS is just a part, granted an important part, of my life journey.”



Positive Lite
www.positivelite.com
 A new cyber-adventure by Brian Finch of acidreflux.com fame and co-conspirator Brandon Williams. This site brings together “some of the best PHA bloggers that Canada (and New York City) have to offer.”

NAMlife – NAM, UK
www.namlife.org
 NAMlife is a website featuring stories from people living with HIV about everything from sex to side effects, transmission to travel, and meds to mental health.



HIV, Women and Motherhood: an audio project – Strategies for Hope, UK
www.stratshope.org/d-audio.htm
 In interviews taped at the International AIDS Conference in Mexico in August 2008, 12 positive women share how HIV has affected the joys and pains of pregnancy, motherhood and the desire for children. One of the interviews is with Canada’s own Shari Margoless.



Adding Life to Years: A Guide to HIV and Depression – Ontario AIDS Network
www.ontarioaidsnetwork.on.ca/hivdepression
 Written primarily for front-line community support workers, this guide can also be used by people living with HIV who want to learn more about coping with depression and how to access mental health services.



Positive Prevention – British Columbia Persons With AIDS Society
www.bcpwa.org/empower_yourself/positive_prevention
 This section of BCPWA’s site features a primer on positive prevention, two campaigns for positive gay men and the Vancouver Harm Reduction Manifesto, as well as articles about people living with HIV, safer sex, disclosure, mental health and viral load.

The Positive Project
www.thepositiveproject.org
 A US website containing hundreds of video interviews of people living with HIV. And they’re searchable.



Global Network of People Living with HIV/AIDS
www.gnpplus.net
 The website of the only worldwide network representing all people living with HIV and AIDS provides an overview of the organization and how it’s working to combat the virus worldwide. If you’re looking to make a difference on a big scale, this is the place to start.



Did we miss your favourites? If there’s an HIV site you think we should consider for future recommendation in *The Positive Side*, please email the link to us at web@catie.ca.